

# Grimes Parks & Recreation Department

Telephone: (515) 986-2143

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[www.grimesiowa.gov](http://www.grimesiowa.gov)

CITY OF  
**GRIMES**



## Grimes Rec Flag Football League (Grades 3-6)

### Program Description:

This 6 on 6 flag football league is coached by parent volunteers. Teams practice on their own one time per week and play the "real game" on Saturdays or Sundays. Games run approx. 40 minutes long with a 15-20 minute warm-up. Kids are randomly placed on their teams. **A volunteer coaches meeting is on Thursday, August 20 for Grades 3-6 at 7pm at the GCC. Deadline is July 22.**

**Who:** 2 Divisions Include: Going into Grades 3-4 & Going into Grades 5-6

**Where:** Games at Lions Park and Waterworks Park in Grimes  
Practice Locations determined by the coaches.

**Dates:** Season starts Week of August 24 and runs through October 11  
Practices start week of August 24. Games start Sept. 12.

**Times:** Games run either on Saturday at 9am, 10am or 11am  
Games can also run on Sundays at 3pm, 4pm, or 5pm  
\*Depends on the # of teams on when you play games.



**Questions:** Contact Brett Barber, Grimes Parks & Recreation Director  
at [bbarber@ci.grimes.ia.us](mailto:bbarber@ci.grimes.ia.us) or by phone at 986-2143.

**To Register:** Register ONLINE at [www.grimesiowa.gov](http://www.grimesiowa.gov), OR bring in registration to the Grimes Rec Office located in the GCC, OR mail to City Hall at 101 N. Harvey St. in Grimes.

**Cost:** \$40 per player (Includes brand new reversible flag football jersey)

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### 2009 "Grimes Rec Flag Football League for Grades 3-6" Registration Form

PARTICIPANT'S NAME: \_\_\_\_\_ GRADE ('09-'10): \_\_\_\_\_ AGE: \_\_\_\_\_

PARENT/GUARDIAN'S NAME: \_\_\_\_\_ I would like to volunteer coach: YES NO

STREET ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

I would like to be on the Grimes P & R Email List of Upcoming Events- YES NO Already on List

Session (Circle):                      Going into Grades 3-4                      Going into Grades 5-6

Jersey Size (Circle):    YS                      YM                      YL                      AS                      AM                      AL                      AXL

Cost is \$40 per player.

### Release and Indemnification Agreement:

I hereby request that you accept my child's application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

**Grimes Parks and Rec Office ~ 410 S. Main St. in Grimes**